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Options Counseling featured in video

Curious about what Options Counseling is? Senior Resources’ 4-minute long video explains what an Options Counselor does, what information they’ll need, and why you should consider it.

Input needed on area plan

Senior Resources of West Michigan is working on its next 3-year area plan for 2020-2022. As part of that work, community forums are scheduled throughout the region to gain input from older adults on service gaps and community needs.

Several sessions are offered in Muskegon, Oceana and Ottawa counties. For more information, contact Amy Florea at 231-733-3519.
call them when looking for information about services for older adults in Muskegon, Oceana and Ottawa counties.

Click here to view the video: Options Counseling Video

Thanks to Mike Vogas of Benchmark Productions for his work on this video!

Speak up! Anytime day or night. Report abuse and neglect.
855-444-3911

Senior Resources’ Elder Care Specialists are available to assist with Options for Long Term Care

Stay Connected

If you can’t attend a community forum but would like to offer input, please complete this short survey: https://www.surveymonkey.com/r/Q6XB37Q. Please share the information about the forums and the short survey!

Muskegon County Senior Millage eNewsletter available

A monthly electronic newsletter, Muskegon Millage Minute, is available for anyone who would like to get updates on the Muskegon County Senior Millage.

If you’d like to be added to the list of recipients, please email Lisa Tyler at ltyler@seniorresourceswmi.org, and ask to be added to the email list.

You may also view the eNewsletter here: https://seniorresourceswmi.org/muskegon-county-senior-millage/.

Upcoming Dementia Friends sessions

People with dementia sometimes need help going about their daily lives and to feel included in their communities. To assist with this, Dementia Friends works to give people an understanding of dementia, and the small things they can do to make a difference.

As mentioned in last month’s Sixty Seconds, there are monthly Dementia Friends sessions offered in Muskegon, at Tanglewood Park, 560 Seminole Road, Norton Shores:

- March 13, 10:30-11:30 a.m.
- April 19, 9-10 a.m.
- May 9, 3:30-4:30 p.m.

You can register for these, or future sessions: https://www.eventbrite.com/d/mi-muskegon/dementia-friends/.

State of the State address Feb. 5

Michigan Gov. Gretchen Whitmer has announced that her first State of the State address will be Tuesday, Feb. 5, at 7 p.m.