

Program	Contact Information	Description of Program
<b>Health &amp; Educational</b>		
<b>Association for the Blind &amp; Visually Impaired - Low Vision Services</b> Program Contact: Jennifer Helsel <a href="http://abvimichigan.org">abvimichigan.org</a>	jennifer.helsel@maryfreebed.com (616) 458-7289	A visual eye care plan is developed for the participant to meet vision goals- these might include learning to use devices and equipment in the home such as magnifiers (handheld or electronic).
<b>Christians for Health - Health Promotion Classes</b> Program Contact: Wilmer Cullen	wilma_91@yahoo.com (231) 733-2128	Provides PATH (Personal Action Toward Health) and Matter of Balance classes
<b>Senior Resources Contracted Service - Adult Day Services</b> Program Contact: Andrea Douglas <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	adouglas@seniorresourceswmi.org (231) 683-2604	Adult day services
<b>Senior Resources Contracted Service - Case Coordination and Support</b> Program Contact: Andrea Douglas <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	adouglas@seniorresourceswmi.org (231) 683-2604	Care coordination for seniors in Muskegon County
<b>Senior Resources Contracted Service - Community Living Supports</b> Program Contact: Andrea Douglas <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	adouglas@seniorresourceswmi.org (231) 683-2604	Community living supports (e.g. personal care, respite, homemaking)
<b>Senior Resources Contracted Service - Home Delivered Meals</b> Program Contact: Andrea Douglas <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	adouglas@seniorresourceswmi.org (231) 683-2604	Home delivered meals
<b>Senior Resources Contracted Service - Homemaker</b> Program Contact: Andrea Douglas <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	adouglas@seniorresourceswmi.org (231) 683-2604	Homemaker services

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<b>Health &amp; Educational</b>		
<b>Senior Resources Contracted Service - Medication Management</b>		Medication management/medication minder
Program Contact: Andrea Douglas <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	adouglas@seniorresourceswmi.org (231) 683-2604	
<b>Senior Resources Contracted Service - MMAP Services</b>		Medicare Medicaid Assistance Program
Program Contact: Joan Schmiedeknecht <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	jschmiedeknecht@seniorresourceswmi.org (231) 733-3510	
<b>Senior Resources Contracted Service - Nutritional Supplements</b>		Nutritional supplements
Program Contact: Andrea Douglas <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	adouglas@seniorresourceswmi.org (231) 683-2604	
<b>Senior Resources Contracted Service - Outdoor Chore Services</b>		Provides snow removal service for residents of Muskegon County
Program Contact: Andrea Douglas <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	adouglas@seniorresourceswmi.org (231) 683-2604	
<b>Senior Resources Contracted Service - Personal Care</b>		Personal Care, including help with bathing, dressing, eating, etc.
Program Contact: Andrea Douglas <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	adouglas@seniorresourceswmi.org (231) 683-2604	
<b>Senior Resources Contracted Service - Personal Emergency Response System</b>		Personal emergency response system
Program Contact: Andrea Douglas <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	adouglas@seniorresourceswmi.org (231) 683-2604	
<b>Senior Resources Contracted Service - Respite Care</b>		Relief for caregivers, in-home and out-of-home
Program Contact: Andrea Douglas <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	adouglas@seniorresourceswmi.org (231) 683-2604	
<b>Volunteer for Dental - Dental Care</b>		The program will require attendance in a dental health education class, and volunteering at a local nonprofit organization where one hour of volunteer services equates to \$25 worth of dental service. Dental services range from 8-150 hours.
Program Contact: Suzanne Tanis <a href="http://volunteerdental.org">volunteerdental.org</a>	stanis@volunteerdental.org (231) 773-1360	

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<b>Health &amp; Educational</b>		
<b>Volunteer for Dental - Dentures</b>		The program will require attendance in a dental health education class, and volunteering at a local nonprofit organization where one hour of volunteer services equates to \$25 worth of denture service. Denture services range from 6-80 hours.
Program Contact: Suzanne Tanis <a href="http://volunteerdental.org">volunteerdental.org</a>	stanis@volunteerdental.org (231) 773-1360	
<b>Volunteer for Dental - Preventative Care</b>		The program will require attendance in a dental health education class, and volunteering at a local nonprofit organization where one hour of volunteer services equates to \$25 worth of preventative service. Preventative services range from 8-150 hours.
Program Contact: Suzanne Tanis <a href="http://volunteerdental.org">volunteerdental.org</a>	stanis@volunteerdental.org (231) 773-1360	
<b>Housing</b>		
<b>City of Muskegon - Home Repair</b>		Provides home repairs for residents of Muskegon County
Program Contact: Corey Davis <a href="http://shorelinecity.com">shorelinecity.com</a>	corey.davis@shorelinecity.com (231) 724-6918	
<b>City of Muskegon Heights - Major Home Repair</b>		Provides major home repairs for residents of the City of Muskegon Heights
Program Contact: Melvin Burns II <a href="http://cityofmuskegonheights.org">cityofmuskegonheights.org</a>	pastormcburn@aol.com (231) 903-7728	
<b>Living Word Senior Services - Lawn Care</b>		Provides yard maintenance services for residents of Muskegon County
Program Contact: Christopher Cross <a href="http://lwcofmuskegon.org">lwcofmuskegon.org</a>	church@lwcofmuskegon.org (231) 720-0484	
<b>Trinity Village Nonprofit Housing Corp. - Major Home Repair</b>		Provides major home repairs to residents of Muskegon County
Program Contact: Effie Grandberry	trinity.housing@yahoo.com (231) 728-5303	
<b>Legal</b>		
<b>AgeWell Services - SafeSeniors Muskegon County</b>		The Tri-County Protection Team works to identify, advocate, and seek justice for adult victims of abuse, neglect, and financial exploitation.
Program Contact: Chris Burnaw <a href="http://agewellservices.org">agewellservices.org</a>	chris@agewellservices.org (231) 726-7104	
<b>Fair Housing Center of West Michigan - Fair Housing Services</b>		Provides education, outreach, counseling, reasonable accommodation assessments, testing, and enforcement activities related to Federal, State and Local Fair Housing Laws and Ordinances.
Program Contact: Elizabeth Stoddard <a href="http://fhcwm.com">fhcwm.com</a>	estoddard@fhcwm.org (616) 284-1345	

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<b>Legal</b>		
<b>Legal Aid of Western Michigan - Legal Services</b>		Provides legal assistance in civil matters
Program Contact: Victoria Baker <a href="http://lawestmi.org">lawestmi.org</a>	vbaker@lawestmi.org (231) 726-4887	
<b>Mobility</b>		
<b>AgeWell Services - Senior Medical Transportation</b>		Transportation to medical appointments
Program Contact: Kathy Daly <a href="http://agewellservices.org">agewellservices.org</a>	kathyd@agewellservices.org (231) 726-7088	
<b>Disability Network of West Michigan - Senior Transportation Voucher Program</b>		Provides mileage reimbursement to caregivers, friends, families, neighbors and volunteers providing rides to seniors with disabilities
Program Contact: Lisa Sullivan <a href="http://disabilitynetworkwm.org">disabilitynetwork.org</a>	lisas@disabilitynetworkwm.org (231) 332-4033	
<b>Living Word Senior Services - Snow Removal</b>		Provides snow removal service for residents of Muskegon County
Program Contact: Christopher Cross <a href="http://lwcofmuskegon.org">lwcofmuskegon.org</a>	church@lwcofmuskegon.org (231) 720-0484	
<b>Love INC - Wheelchair Ramp Builds</b>		Provides ramps for older adults in Muskegon County
Program Contact: Jackie Hannahs <a href="http://loveincmuskegon.com">loveincmuskegon.com</a>	ramps@loveincmuskegon.com (231) 773-3448	
<b>Pioneer Resources - Senior Dynamic Transportation</b>		Transportation provided to individuals aged 60 and older and their caregivers. Priority is given to individuals with physical limitations that inhibit access to other transportation sources and/or those with income limitations.
Program Contact: Jill Bonthuis <a href="http://pioneerresources.org">pioneerresources.org</a>	jbonthuis@pioneerresources.org (231) 773-5355	
<b>Ravenna Township - Grocery Trip</b>		Once a month participants meet at Ravenna Baptist Church and are transported to Muskegon for grocery shopping. Volunteers assist the participants while shopping and help with loading items into their car at the end of the trip.
Program Contact: Peggy Manzer <a href="http://ravennatwp.com">ravennatwp.com</a>	ravennaseniors@gmail.com (231) 335-3280	
<b>Nutritional</b>		
<b>AgeWell Services - Congregate Meals</b>		Healthy meals provided at neighborhood centers
Program Contact: Ashley Foster <a href="http://agewellservices.org">agewellservices.org</a>	ashley@agewellservices.org (231) 577-4825	

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<b>Nutritional</b>		
<b>AgeWell Services - Home Delivered Meals</b>		Meals on Wheels delivers meals to your home.
Program Contact: Annette Thompson <a href="http://agewellservices.org">agewellservices.org</a>	annette@agewellservices.org (231) 755-0434	
<b>Casnovia Township - Senior Lunch</b>		Provides a monthly community luncheon
Program Contact: Mindy Dupras <a href="http://castwp.com">castwp.com</a>	office@castwp.com (616) 675-4064	
<b>Fruitport Lions Club - Senior Power of Produce</b>		Provides six dollar tokens to use at the Muskegon Farmers Market
Program Contact: Morning Bear <a href="http://fruitportlionsclub.com">fruitportlionsclub.com</a>	happenstanceDM@gmail.com (231) 903-3037	
<b>Muskegon YMCA - Veggie Van</b>		Mobile farmers market, ensuring that fruits and vegetables are available to those with limited access to fresh produce
Program Contact: Carla Eenigenburg <a href="http://muskegonymca.org">muskegonymca.org</a>	ceenigenburg@muskegonymca.org (231) 722-9622	
<b>Social, Recreational, &amp; Emotional</b>		
<b>AgeWell Services - Senior Center Activities</b>		Provides a variety of monthly social, intellectual, spiritual, nutritional, and physical activities at partner sites and at AgeWell's lunch & activity centers—including trips to the Muskegon Farmers Market, Festival of the Trees, and Aquastar cruises
Program Contact: Laura Beechnau <a href="http://agewellservices.org">agewellservices.org</a>	laura@agewellservices.org (231) 683-2609	
<b>Association for the Blind &amp; Visually Impaired - Peer Support Groups</b>		Provides a support group for individuals who have experienced vision loss
Program Contact: Charis Austin <a href="http://abvimichigan.org">abvimichigan.org</a>	charis.austin@maryfreebed.com (616) 458-7244	
<b>Association for the Blind &amp; Visually Impaired - Vision Loss Counseling</b>		Provides counseling to individuals who have experienced vision loss
Program Contact: Jessica Holtvluwer <a href="http://abvimichigan.org">abvimichigan.org</a>	jessica.holtvluwer@maryfreebed.com (616) 458-7278	
<b>Boys &amp; Girls Club of the Muskegon Lakeshore - Energize &amp; Thrive: Senior Recreation a</b>		A program designed to promote the well-being of older adults by focusing on mobility, flexibility, strength, recreation, and education on disease management, and behavioral health.
Program Contact: Lisa Manhart <a href="https://bgclubmuskegon.com/">https://bgclubmuskegon.com/</a>	lmanhart@bgclubmuskegon.com (231) 375-7041	

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<b>Social, Recreational, &amp; Emotional</b>		
<b>Catholic Charities West Michigan - Senior Companion Program</b>	Program Contact: Carol Hart <a href="mailto:chart@ccwestmi.org">chart@ccwestmi.org</a> <a href="http://ccwestmi.org">ccwestmi.org</a>	(817) 675-0063
		A national, evidence-based, AmeriCorps program that focuses on providing assistance and friendship to older adults who have difficulty with daily living tasks.
<b>Orchard View Community Education - Senior Center Activities</b>	Program Contact: Jenni Bowen <a href="mailto:jenni.bowen@orchardview.org">jenni.bowen@orchardview.org</a> <a href="http://orchardviewce.org">orchardviewce.org</a>	(231) 760-1481
		Offers a wide variety of educational, social and health-oriented classes and activities
<b>Pioneer Resources - Eastern Senior Enrichment Program</b>	Program Contact: Alexandra Latz <a href="mailto:alatz@pioneerresources.org">alatz@pioneerresources.org</a> <a href="http://pioneerresources.org">pioneerresources.org</a>	(231) 375-7025
		Provides social opportunities for in the eastern most part of Muskegon County
<b>Pioneer Resources - Northern Senior Enrichment Program</b>	Program Contact: Alexandra Latz <a href="mailto:alatz@pioneerresources.org">alatz@pioneerresources.org</a> <a href="http://pioneerresources.org">pioneerresources.org</a>	(231) 375-7025
		Provides social opportunities in the northern most part of Muskegon County
<b>Ravenna Township - Meal &amp; Activity</b>	Program Contact: Peggy Manzer <a href="mailto:ravennaseniors@gmail.com">ravennaseniors@gmail.com</a> <a href="http://ravennatwp.com">ravennatwp.com</a>	(231) 335-3280
		Provides a monthly community luncheon
<b>VFW Post 7729 Senior Program - Monthly Dinner</b>	Program Contact: Joan J. Raap <a href="mailto:jraap@egelstontwp.org">jraap@egelstontwp.org</a> <a href="http://egelstontwp.org">egelstontwp.org</a>	(231) 740-5561
		Provides a meal in a social environment
<b>White Lake Senior Center - Monthly Social Activity</b>	Program Contact: Christi Marsh <a href="mailto:director@whitelakeseniors.org">director@whitelakeseniors.org</a> <a href="http://whitelake.org">whitelake.org</a>	(231) 894-9493
		Provides senior center activities