

Tualta: How to sign up

Senior Resources partners with Tualta, a web-based learning platform covering a range of topics including brain health, diabetes care, personal care, caregiver wellness, safety and injury prevention, dementia, stroke recovery, grandparents supporting grandchildren, music therapy, and more. Tualta offers individualized (based on areas of indicated interest) information that provides users with training to learn about a disease process or help manage care for an older adult. Attached is a short video outlining the platform.

While Tualta is geared towards informing the family/informal caregiver, the information provided could be valuable for professionals as you work with caregivers or want to learn more about a particular disease process, and I would like to extend an invitation for all staff to sign up as a Tualta user. The short, quick lessons are created by experts in aging, the platform is easy to use, is accessible any time of day or night, and can be viewed on any device – a computer, laptop, phone, or tablet.

You are invited to explore this resource. Access to sign up is found at <https://seniorresources.tualta.com/login> Once you are signed up you will have full access to the platform.

As always, if you are working with a caregiver, know a caregiver (through work or otherwise – anyone can use Tualta, they do not have to be associated with a SR program) or are a caregiver and are looking for support and information, please direct them to the Tualta platform using the link above or have them contact Virginia (231) 733-3531 or Paula (231) 683-4760 or at caregivers@seniorresourceswmi.org