

Program	Contact Information	Description of Program
<b>Activities &amp; Social Events</b>		
<b>AgeWell Services - Senior Center Activities &amp; Trips</b> Program Contact: Katie Winkler <a href="mailto:katie@agewellservices.org">katie@agewellservices.org</a> <a href="http://agewellservices.org">agewellservices.org</a> (231) 354-2215	Provides a variety of monthly social, intellectual, spiritual, nutritional, and physical activities at partner sites and at AgeWell’s lunch & activity centers—including trips to the Muskegon Farmers Market, Festival of the Trees, and Aquastar cruises	
<b>Orchard View Community Education - Senior Center Activities</b> Program Contact: Jenni Bowen <a href="mailto:jenni.bowen@orchardview.org">jenni.bowen@orchardview.org</a> <a href="http://orchardviewce.org">orchardviewce.org</a> (231) 760-1350	Offers a wide variety of educational, social and health-oriented classes and activities	
<b>Pioneer Resources - Eastern Recreation Program</b> Program Contact: Alexandra Perrien <a href="mailto:aperrien@pioneerresources.org">aperrien@pioneerresources.org</a> <a href="http://pioneerresources.org">pioneerresources.org</a> (231) 773-5355	Provides social opportunities for in the easternmost part of Muskegon County	
<b>Pioneer Resources - Northern Recreation Program</b> Program Contact: Alexandra Perrien <a href="mailto:aperrien@pioneerresources.org">aperrien@pioneerresources.org</a> <a href="http://pioneerresources.org">pioneerresources.org</a> (231) 773-5355	Provides social opportunities in the northernmost part of Muskegon County	
<b>Pioneer Resources - Senior Day Camp</b> Program Contact: Alexandra Perrien <a href="mailto:aperrien@pioneerresources.org">aperrien@pioneerresources.org</a> <a href="http://pioneerresources.org">pioneerresources.org</a> (231) 773-5355	A camp offering boating, crafts, games, bonfire, dinner, and much more overlooking Big Blue Lake	
<b>Pioneer Resources - Speaker Series</b> Program Contact: Alexandra Perrien <a href="mailto:aperrien@pioneerresources.org">aperrien@pioneerresources.org</a> <a href="http://pioneerresources.org">pioneerresources.org</a> (231) 773-5355	Monthly entertainment series which includes various musicians, bands, comedians, artists and more. Event includes transportation from designated pickup locations.	
<b>United Way of the Lakeshore - Retired &amp; Senior Volunteer Program</b> Program Contact: La Tonya Beene <a href="mailto:latonya@unitedwaylakeshore.org">latonya@unitedwaylakeshore.org</a> <a href="http://unitedwaylakeshore.org/rsvp">unitedwaylakeshore.org/rsvp</a> (231) 332-4018	Provides volunteer opportunities for Muskegon County seniors	

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<b>White Lake Senior Center - Senior Center Activities</b> Program Contact: Christi Marsh <a href="http://whitelake.org">whitelake.org</a>	director@whitelakeseniors.org (231) 894-9493	Provides senior center activities
<b>Dental &amp; Vision</b>		
<b>Association for the Blind &amp; Visually Impaired - Low Vision Rehabilitation</b> Program Contact: Marcus Manders <a href="http://abvimichigan.org">abvimichigan.org</a>	mmanders@abvimichigan.org (616) 458-1187	Provides training in the use of low vision aids
<b>Association for the Blind &amp; Visually Impaired - Vision Loss Counseling</b> Program Contact: Marcus Manders <a href="http://abvimichigan.org">abvimichigan.org</a>	mmanders@abvimichigan.org (616) 458-1187	Provides counseling to individuals who have experienced vision loss
<b>Volunteer for Dental - Dentures</b> Program Contact: Suzanne Tanis <a href="http://volunteerdental.org">volunteerdental.org</a>	stanis@volunteerdental.org (231) 766-7129	Provides dentures to Muskegon County seniors
<b>Volunteer for Dental - Preventative Dental Services</b> Program Contact: Suzanne Tanis <a href="http://volunteerdental.org">volunteerdental.org</a>	stanis@volunteerdental.org (231) 766-7129	Provides preventative dental care
<b>Volunteer for Dental - Volunteer for Dental</b> Program Contact: Suzanne Tanis <a href="http://volunteerdental.org">volunteerdental.org</a>	stanis@volunteerdental.org (231) 766-7129	The program will require attendance to an education class and require four volunteer service hours to schedule first appointment. Participant earns \$25 in dental services for every hour volunteered.
<b>Health Classes</b>		
<b>AgeWell Services - Health Promotion and Fitness Classes</b> Program Contact: Katie Winkler <a href="http://agewellservices.org">agewellservices.org</a>	katie@agewellservices.org (231) 354-2215	Provides weekly Enhance Fitness classes, stretch classes, water fitness classes at the MCC Lakeshore Fitness Center, and Tai Chi for Seniors at White Lake Area Community Education
<b>Christians for Health - Classes to Promote Healthy Living</b> Program Contact: Wilmer Cullen wilma_91@yahoo.com	(231) 733-2128	Provides PATH (Personal Action Toward Health) and Matter of Balance classes

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<b>Health Classes</b>		
<b>MCC Lakeshore Fitness Center - Next Steps Fitness Program</b> Program Contact: Morgan Kantola <a href="http://mccfitnesscenter.com">mccfitnesscenter.com</a>	mkantola@mccfitnesscenter.com (231) 722-9322	Medically integrated fitness program personalized for your body's needs
<b>Muskegon YMCA - Enhance Fitness Classes</b> Program Contact: Melissa Wikman <a href="http://muskegonymca.org">muskegonymca.org</a>	mwikman@muskegonymca.org (231) 722-9622	Active classes designed for all older adults, but especially for those with arthritis, to build strength and balance and increase mood and social engagement.
<b>Muskegon YMCA - LIVESTRONG Classes</b> Program Contact: Melissa Wikman <a href="http://muskegonymca.org">muskegonymca.org</a>	mwikman@muskegonymca.org (231) 722-9622	Led by expert exercise coaches, LIVESTRONG helps cancer survivors reclaim their lives by focusing on their health, not the disease.
<b>White Lake Area Community Education - Matter of Balance Classes</b> Program Contact: Kathleen English <a href="http://wlace.org">wlace.org</a>	kathleenenglish@wlace.org (231) 893-0515	Provides Matter of Balance fall prevention classes
<b>Healthy Eating</b>		
<b>Community enCompass - Muskegon Prescribes Food For Health</b> Program Contact: Virginia Taylor <a href="http://communityencompass.org">communityencompass.org</a>	virginia@communityencompass.org (231) 728-3117	Offers prescription vouchers to get fresh fruits & vegetables, cooking and nutritional classes (only for McLaughlin, Angel and Nelson neighborhoods)
<b>Fruitport Lions Club - Farmers Market Tokens</b> Program Contact: Morning Bear <a href="http://fruitportlionsclub.com">fruitportlionsclub.com</a>	info@lovecommunitygardens.com (231) 733-4104	Provides four dollars of tokens to use at the Muskegon Farmers Market
<b>Muskegon YMCA - Veggie Van</b> Program Contact: Melissa Wikman <a href="http://muskegonymca.org">muskegonymca.org</a>	mwikman@muskegonymca.org (231) 722-9622	Mobile farmers market, ensuring that fruits and vegetables are available to those with limited access to fresh produce
<b>Pioneer Resources - Meal Preparation Program</b> Program Contact: Alexandra Perrien <a href="http://pioneerresources.org">pioneerresources.org</a>	aperrien@pioneerresources.org (231) 773-5355	Create healthy, fresh, and delicious meals at Kitchen 242

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<b>Home Repairs &amp; Ramps</b>		
<b>City of Muskegon - Major Home Repair</b>		Provides major home repairs for residents of Muskegon County
Program Contact: Oneata Bailey <a href="http://shorelinecity.com">shorelinecity.com</a>	oneata.bailey@shorelinecity.com (231) 724-6717	
<b>City of Muskegon - Minor Home Repair</b>		Provides minor home repairs for residents of Muskegon County
Program Contact: Oneata Bailey <a href="http://shorelinecity.com">shorelinecity.com</a>	oneata.bailey@shorelinecity.com (231) 724-6717	
<b>City of Muskegon Heights - Major Home Repair</b>		Provides major home repairs for residents of the City of Muskegon Heights
Program Contact: Carolyn Cook <a href="http://cityofmuskegonheights.org">cityofmuskegonheights.org</a>	carolynjcook@aol.com (231) 733-8830	
<b>Community enCompass - Major Home Repair</b>		Provides major home repairs for residents of Angel, McLaughlin, and Nelson Neighborhoods
Program Contact: Virginia Taylor <a href="http://communityencompass.org">communityencompass.org</a>	virginia@communityencompass.org (231) 728-3117	
<b>Love INC - Major Home Repair</b>		Provides major home repairs for residents of Muskegon County
Program Contact: Tammy Woodring <a href="http://loveincmuskegon.com">loveincmuskegon.com</a>	tammyw@loveincmuskegon.com (231) 773-3448	
<b>Love INC - Ramps</b>		Provides ramps for older adults in Muskegon County
Program Contact: Tammy Woodring <a href="http://loveincmuskegon.com">loveincmuskegon.com</a>	tammyw@loveincmuskegon.com (231) 773-3448	
<b>The Arc Muskegon - Emergency Needs</b>		Provides emergency needs for older adults with children with disabilities
Program Contact: Margaret O'Toole <a href="http://arcmuskegon.org">arcmuskegon.org</a>	motoole@arcmuskegon.org (231) 777-2006	
<b>Trinity Village Nonprofit Housing Corp. - Major Home Repair</b>		Provides major home repairs to residents of Muskegon County
Program Contact: Effie Grandberry <a href="http://htcogic.licentia.biz/trinity-housing-corporation">htcogic.licentia.biz/trinity-housing-corporation</a>	trinity.housing@yahoo.com (616) 510-7637	

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<b>In-Home Services</b>		
<b>Purchase of Services - Community Living Supports</b> Program Contact: Kim Vazquez <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	kim@seniorresourceswmi.org (231) 733-3525	Community living supports (e.g. personal care, respite, homemaking)
<b>Purchase of Services - Homemaker</b> Program Contact: Kim Vazquez <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	kim@seniorresourceswmi.org (231) 733-3525	Homemaker services
<b>Purchase of Services - Medication Management</b> Program Contact: Kim Vazquez <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	kim@seniorresourceswmi.org (231) 733-3525	Medication management/medication minder
<b>Purchase of Services - Personal Care</b> Program Contact: Kim Vazquez <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	kim@seniorresourceswmi.org (231) 733-3525	Personal Care, including help with bathing, dressing, eating, etc.
<b>Purchase of Services - Personal Emergency Response System</b> Program Contact: Kim Vazquez <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	kim@seniorresourceswmi.org (231) 733-3525	Personal emergency response system
<b>Purchase of Services - Respite Care</b> Program Contact: Kim Vazquez <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	kim@seniorresourceswmi.org (231) 733-3525	Relief for caregivers, in-home and out-of-home
<b>Justice &amp; Legal Services</b>		
<b>AgeWell Services - Elder Abuse Prevention</b> Program Contact: Chris Burnaw <a href="http://agewellservices.org">agewellservices.org</a>	chris@agewellservices.org (231) 726-7104	The Tri-County Protection Team works to identify, advocate, and seek justice for adult victims of abuse, neglect, and financial exploitation.
<b>Fair Housing Center of West Michigan - Fair Housing Investigation</b> Program Contact: Nancy Haynes <a href="http://fhcwm.com">fhcwm.com</a>	nhaynes@fhcwm.org (616) 451-2980	Recruits and trains testers; conducts fair housing complaint intake; investigates the complaint including property research, scripting of tests, consulting with clients about investigation, and advocacy

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<b>Justice &amp; Legal Services</b>		
<b>Fair Housing Center of West Michigan - Fair Housing Rights Education</b> Program Contact: Nancy Haynes <a href="http://fhcwm.com">fhcwm.com</a>	nhaynes@fhcwm.org (616) 451-2980	Provides education and outreach services to inform older adults of their rights under the Fair Housing Act
<b>Legal Aid of Western Michigan - Legal Assistance</b> Program Contact: Molly Schlatter <a href="http://lawestmi.org">lawestmi.org</a>	mschlatter@legalaidwestmich.net (616) 608-8032	Provides legal assistance in civil matters
<b>The Arc Muskegon - Legacy Planning</b> Program Contact: Margaret O'Toole <a href="http://arcmuskegon.org">arcmuskegon.org</a>	motoole@arcmuskegon.org (231) 777-2006	Provides legacy planning for older adults with children with disabilities
<b>Meals &amp; Grocery</b>		
<b>AgeWell Services - Congregate Meals</b> Program Contact: Tasha Steinman <a href="http://agewellservices.org">agewellservices.org</a>	tasha@agewellservices.org (231) 577-4825	Healthy meals provided at neighborhood centers
<b>AgeWell Services - Home Delivered Meals</b> Program Contact: Annette Thompson <a href="http://agewellservices.org">agewellservices.org</a>	annette@agewellservices.org (231) 755-0434	Meals on Wheels delivers meals to your home.
<b>Casnovia Township - Monthly Luncheon</b> Program Contact: Alicia Cole <a href="http://castwp.com">castwp.com</a>	alicia@castwp.com (616) 675-4064	Provides a monthly community luncheon
<b>Egelston Township - Monthly Dinner</b> Program Contact: Joan J. Raap <a href="http://egelstontwp.org">egelstontwp.org</a>	jraap@egelstontwp.org (231) 788-2308	Provides a meal in a social environment
<b>Purchase of Services - Home Delivered Meals</b> Program Contact: Kim Vazquez <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	kim@seniorresourceswmi.org (231) 733-3525	Home delivered meals

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<b>Meals &amp; Grocery</b>		
<b>Purchase of Services - Nutritional Supplements</b>		Nutritional supplements
Program Contact: Kim Vazquez <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	kim@seniorresourceswmi.org (231) 733-3525	
<b>Ravenna Township - Community Luncheon</b>		Provides a monthly community luncheon
Program Contact: Peggy Manzer <a href="http://ravennatwp.com">ravennatwp.com</a>	ravennaseniors@gmail.com (231) 335-3280	
<b>Ravenna Township - Grocery Transportation &amp; Assistance</b>		Provides rides to and from Meijer and Walmart for shopping with a shopping assistant
Program Contact: Peggy Manzer <a href="http://ravennatwp.com">ravennatwp.com</a>	ravennaseniors@gmail.com (231) 335-3280	
<b>Miscellaneous</b>		
<b>Purchase of Services - Adult Day Services</b>		Adult day services
Program Contact: Kim Vazquez <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	kim@seniorresourceswmi.org (231) 733-3525	
<b>Purchase of Services - Unmet Needs</b>		Unmet needs
Program Contact: Kim Vazquez <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	kim@seniorresourceswmi.org (231) 733-3525	
<b>Service Navigation</b>		
<b>Muskegon Community Health Project - Senior Services Navigator</b>		Provides outreach and help navigating senior services in rural municipalities
Program Contact: Danielle Culey <a href="http://mchp.org">mchp.org</a>	culeyd@mercyhealth.com (231) 672-3388	
<b>Training &amp; Education</b>		
<b>Alzheimer's Association - Dementia Education and Support</b>		Provides and trains volunteers to deliver information and referral services, education programs, and support groups
Program Contact: Melanie Baird <a href="http://alz.org">alz.org</a>	mbaird@alz.org (248) 996-1051	

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<b>Training &amp; Education</b>		
<b>Muskegon Community Health Project - Community Health Worker</b> Program Contact: Danielle Culey <a href="http://mchp.org">mchp.org</a>	culeyd@mercyhealth.com (231) 672-3388	Provides a community health worker who will connect the participant with needed services, while teaching them how to successfully manage their own care and chronic conditions
<b>Professional Med Team Inc - Home Safety Assessment</b> Program Contact: Shawn Lazarock <a href="http://promed.org">promed.org</a>	slazarock@promed.org (231) 720-1804	Provides home safety assessments
<b>Transportation</b>		
<b>AgeWell Services - Medical Appointment Transportation</b> Program Contact: Mark Evans <a href="http://agewellservices.org">agewellservices.org</a>	mark@agewellservices.org (231) 726-7090	Transportation to medical appointments
<b>Disability Network of West Michigan - Transportation Mileage Reimbursement</b> Program Contact: Lisa Sullivan <a href="http://disabilitynetworkwm.org">disabilitynetworkwm.org</a>	lisas@disabilitynetworkwm.org (231) 722-0088	Provides mileage reimbursement to caregivers, friends, families, neighbors and volunteers providing rides to seniors with disabilities
<b>Yard &amp; Snow</b>		
<b>City of Muskegon - Yard Maintenance</b> Program Contact: Oneata Bailey <a href="http://shorelinecity.com">shorelinecity.com</a>	oneata.bailey@shorelinecity.com (231) 724-6717	Provides assistance to neighborhood associations to provide yard maintenance services in City of Muskegon
<b>Living Word Church - Snow Removal</b> Program Contact: Christopher Cross <a href="http://lwcofmuskegon.org">lwcofmuskegon.org</a>	church@lwcofmuskegon.org (231) 288-5595	Provides snow removal service for residents of Muskegon County
<b>Living Word Church - Yard Maintenance</b> Program Contact: Christopher Cross <a href="http://lwcofmuskegon.org">lwcofmuskegon.org</a>	church@lwcofmuskegon.org (231) 288-5595	Provides yard maintenance services for residents of Muskegon County
<b>Purchase of Services - Snow Removal</b> Program Contact: Kim Vazquez <a href="http://seniorresourceswmi.org">seniorresourceswmi.org</a>	kim@seniorresourceswmi.org (231) 733-3525	Provides snow removal service for residents of Muskegon County