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Upcoming Dementia Friends sessions

People with dementia sometimes need help going about their daily lives and to feel included in their communities. To assist with this, Dementia Friends works to give people an understanding of dementia, and the small things they can do to make a difference.

There are monthly Dementia Friends sessions offered in Muskegon, at Tanglewood Park, 560 Seminole Road, Norton Shores:

- March 13, 10:30-11:30 a.m.
- April 19, 9-10 a.m.
- May 9, 3:30-4:30 p.m.
- June 4, 10-11 a.m.
- July 15, 1-2 p.m.
- August 13, 3-4 p.m.

National Area Agency on Aging Association 2019 policy agenda

The n4a 2019 Policy Priorities outline the most critical policy considerations facing Area Agencies on Aging and Title VI Native American aging programs—and the Aging Network as a whole. They reflect where the association thinks collective advocacy is most needed in 2019 to promote the health, security and well-being of older adults in every community in the country.

Priorities include:

- Reauthorize the Older Americans Act by strengthening the aging services and supports that make it possible for older adults to age well and safety at home and in the community.
- Invest in Cost-Effective Aging at Home and in the Community, especially OAA Titles III B Supportive Services, III E National Family Caregiver Support Program and Title VI Grants for Native Americans.
- Improve Health by Addressing the Social Determinants and recognize the important role that the Aging Network plays in achieving this goal.
SAVE THE DATE - May 15

Older Michiganders Day is Wednesday, May 15, in Lansing. Look for more information to come in future issues of Sixty Seconds.

Speak up! Anytime day or night. Report abuse and neglect. 855-444-3911

Senior Resources’ Elder Care Specialists are available to assist with Options for Long Term Care

Thanks from those we serve

The Senior Resources MI Choice Medicaid Waiver team recently received the following written in a card:

"Thank you all for your services, guidance, and support provided for my mom. About six years ago, mom was blessed to be able to enroll in the (MI Choice) Medicaid Waiver program. Her life was difficult to navigate due to her eyesight and Dementia, but she was able to live in assisted living homes instead of having to be in a nursing home. All because of the programs provided by Senior Resources. You all make our hearts smile!"